



BETTER LIVING FOR SENIORS MONTHLY MEETING

August 16, 2023

BLFS AUGUST 2023 General Meeting Minutes

Board Members Present:

- * Donna Kay Dinkins- President * Allie Bates- Treasurer
- * Amanda Porter- Communications * Jay Dee Hackney- Sergeant at Arms
- * Kari Gomez- Past President * Audra Kosensky- Membership
- * Tabitha Mattison- Directory

Board Members Absent:

- * Destiny Crisman- Vice President * Patty Johnson- Secretary

Meeting Location and Sponsor:

Location: Scott Lake Rehab, Autumn Customer Service Liaison

Food Sponsor: Cornerstone/Good Shepherd Hospice

Speaker: Bart Wakeman & Chris Renfro with TruBlue on Senior Safety at Home.

TruBlue is a total house care and handyman maintenance company providing services optimized for seniors and busy families in Winter Haven, Cypress Gardens, Highland City.

Business/Call to Order:

- The meeting was called to order by Donna Kay Dinkins at 9:00am.

Meeting Minutes:

Tasha Saca Motion to Approve and Tracy Bourdon Second the motion. July meeting minutes approved.

Treasure's Report – Allie Bates

Current Balance: \$24,839.78

Expenses were paid for standard monthly charges including website, Google, and storage.

Membership Report – Audra Kosensky

New Memberships: AARP Foundation – Skylar Harrison, World Changers – Tari Kezele, JBaker Ventures – Jaymes Baker, The Dementia Whisper – Dr. Fran Morris

Directory Report – Tabitha Mattison

All invoices were sent and are due September 1. BLFS paid members as of September 1, 2023 will be included in the Sage Aging Elder Care Guide which gets printed in October for January 2024 book. If you did not get a letter with a prorated amount, please update your information on the website and send billing contact name and information to Tabitha.

Communications Report – Amanda Porter

Plan to attend the Fall Soiree on September 19 from 5-7pm at The Catering Company in Winter Haven.

Guests:

TruBlue – Chris Renfro
Kennedy Negan Health Care – Shelley Asbury
Good Shepherd Hospice – Ashley Holyfield and Shannon Timmerman
Best Care Senior Living – Leslie Wasson
Winter Haven Post-Acute and Rehab Center – Amanda Perry
Preservers for Life – Kasey Pacheco
Smooth Skin By Samantha – Samantha White
Jean Michael – Care Plus
Oak Haven Rehab – Kristian Smith
Haines City HC – Lisa Love
Senior Helpers – Jada Mims
Spring Haven – Madeline Deal
Home Instead Lakeland – Allison Fabela

Gold Sponsor Intros

Present: Home Instead, Helping Hand, Elder Care Guide

Announcements:**New Business:**

Annual Billing- currently receiving prorated invoices
Nominations for BLFS Gives Back
Nominations for open board positions
Be a Santa to a Senior Volunteer Sign up

Old Business:

Events should be added to calendar at Sage Aging
Make sure you are getting the BLFS Thryv emails

Next Meetings:

Fall Soiree September 19 at The Central Florida Catering Co. 5pm
October General Meeting at Lakeland Nursing and Rehab

Meeting adjourned at 10:10am